

ATRI™

Parent Intervention Guide

Naturalistic Strategies for
Everyday Learning at Home



Developed by **AbaTools**



FOUNDATIONS

Principles of Naturalistic Intervention

Naturalistic intervention is built on simple, powerful principles that support learning and development in everyday moments.



1

Natural Learning Opportunities

Learning happens throughout the day: mealtimes, bath time, playtime, and outings. It's not a separate "session" — it's being together with your child.



2

Consistent Positive Reinforcement

Notice and celebrate small steps. Consistent positive reinforcement is more powerful than the complexity of activities.



3

Respect the Child's Pace

Every child has their own time. Encourage small, quick successes and observe signs of interest and emotional well-being.



Remember

A consistent, respectful, and playful environment is the best foundation for learning and development. ♥

APPLICATION

Learning Through Daily Routines

Simple daily moments offer powerful opportunities to support your child's learning and development.

1 Mealtimes



Name foods, textures, and colors. Encourage independence with utensils. Use mealtime for gentle conversation and eye contact.



2 Playtime



Follow your child's lead. Offer simple choices. Imitate and expand on what your child is doing or saying.



3 Bath & Bedtime



Transitions are key moments. Anticipate each step, use simple language, and create predictability to reduce anxiety.



Remember

Learning happens everywhere. You are your child's first and most important teacher. ❤️

ATTENTION

Signs That Require Extra Support

Every child is unique. Some signs may indicate the need for additional support. Observe with care and seek guidance when needed.



BEHAVIORAL SIGNS



Limited or no response to name.



Difficulty with social interaction.



Repetitive behaviors or routines.



Limited interest in toys or activities.



Delayed or limited language development.



EMOTIONAL SIGNS



Frequent frustration or intense meltdowns.



High anxiety or distress in small changes.



Sleep difficulties that affect daily routine.



Difficulty with transitions or new situations.



Low tolerance for waiting or no.



WHEN TO CONTACT A PROFESSIONAL

If these signs are frequent, intense, or impact daily life, consult a qualified professional for evaluation and guidance.



Remember

Early support makes a difference. You are not alone—help is available. ❤️

CONTINUING THE JOURNEY

Building a Supportive Path for Your Child

Your support today builds a stronger, brighter future for your child.

1

Build a Support Network



- ✓ Connect with other parents.
- ✓ Share experiences and resources.
- ✓ Support brings strength and confidence.



2

Work With a Multidisciplinary Team



- ✓ Collaborate with professionals who understand your child.
- ✓ Together, create an individualized plan for growth.
- ✓ Communication is key.



3

Be Patient With Progress



- ✓ Every small step matters.
- ✓ Progress may be slow, but it is still progress.
- ✓ Celebrate achievements, no matter how small.



You are your child's greatest advocate.

Your love, patience, and consistency make all the difference. ❤️